

COLUMN

Editorial

Dev Sanskriti International Journal of Hindu Studies, a new publication launched by Dev Sanskriti Vishwavidyalaya, Haridwar, embodies its inaugural vision—to serve as a dedicated platform for scholarly exploration of Hindu studies, integrating indigenous Indian knowledge systems with contemporary perspectives, while harmonizing science, spirituality, and cultural heritage. Inspired by the profound teachings of Yugrishi Pandit Shri Ram Sharma Acharya, the journal is committed to advancing insightful research that promotes individual enlightenment, societal harmony, and global understanding through the lens of Hindu philosophy and practices.

This second issue presents a rich tapestry of contributions, drawing from Ayurvedic healing, psychological well-being, philosophical frameworks, educational insights, and cultural diplomacy—each illuminating the timeless relevance of Hindu wisdom in addressing modern challenges.

The first research article by Alka Mishra and Saurabh Mishra details a case study on managing symptoms of Prolapsed Intervertebral Disc (PIVD) and Polyarthrititis through an integrative approach of Panchakarma and Marma Therapy in a spiritual environment. Over 11 days, the patient reported substantial relief in pain, stiffness, and swelling (up to 90% in several areas), demonstrating the efficacy of these ancient Ayurvedic methods in alleviating chronic ailments and promoting overall lightness and relaxation.

The second research article by Nivedita Pathania, Prama Sharma, Manish Gupta, and Santosh Vishwakarma presents a comparative study of anxiety levels between regular Bhagavad Gita readers and non-readers among adolescents. Using the Comprehensive Anxiety Scale and quota sampling, the findings reveal significantly lower anxiety in readers at the 0.01 level, underscoring the Bhagavad Gita's role in enhancing mental resilience and well-being through spiritual engagement.

The third article, a perspective written in Hindi by Bharati Dashora and Charu Sanadhya exam-

ines the relevance of Navadha Bhakti from the Shrimad Bhagavat Mahapurana in modern education. It argues that incorporating these nine forms of devotion—such as shhravana, kirtana, and atmanivedana—can cultivate concentration, discipline, emotional intelligence, and moral values in students, addressing contemporary educational challenges like stress and value erosion for holistic development.

The fourth article, a perspective by Guru Govind Vishwakarma and Mona Singh in Hindi, discusses Jeevan Vidya as a universal solution to global problems. It contrasts education (for livelihood) with vidya (for wisdom and ethics), asserting that true resolution to issues like violence, environmental crises, and inequality lies in fostering vidya—drawing from Pandit Shri Ram Sharma Acharya's teachings on prajna and gayatri—to elevate human consciousness and promote harmonious living.

The fifth article by Vivek Pandey and Sukhnan-dan Singh explores Vasudhaiva Kutumbakam as an Indian framework for global peace communication. Rooted in the Indian Knowledge System, the study analyzes how this philosophy of universal kinship has been employed in India's cultural diplomacy, multilateral engagements like the G20, and humanitarian efforts, positioning it as a model for fostering empathy, cooperation, and sustainable coexistence amid contemporary global conflicts.

We extend our sincere gratitude to all reviewers and contributors for their dedicated efforts and scholarly insights. We hope this issue inspires deeper exploration of Hindu studies and encourages further research in Ayurveda, philosophy, psychology, education, and related fields.

We invite feedback and suggestions from our readers to enhance the journal as a vibrant forum for discourse on Hindu traditions and their global applications.

Enjoy reading and enrich yourself. Have a wonderful year ahead!